

Children's Single Point of Access (SPOA)

*Patricia Schaap
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Prevalence Rates

- *1 in 5 Youth will experience a behavioral health challenge*
 - *32% of youth (13–18) have an Anxiety Disorder*
 - *19% of youth (13–18) have a Behavior Disorder*
 - *11% of youth (13–18) have a Substance Use Disorder*
 - *11% of School-Aged youth have ADHD/ADD*
- *One Half of all lifetime cases of Mental Illness begin by age 14.*

–Youth Mental Health First Aid

C-SPOA Community

- ▶ Catholic Charities of Cortland
- ▶ Coordinated Children's Services Initiative (CCSI)
- ▶ Cortland County Mental Health Department
- ▶ Cortland County Probation Department (PINS)
- ▶ Family and Children's Counseling Services
- ▶ 5 Care Management Agencies
- ▶ 5 School Districts in Cortland County
- ▶ Family Support Services
- ▶ Home & Community Based Providers

Health Home Care Management (Children)

(Catholic Charities, Elm Crest, Hillside Children's Services,
William George Agency, Racker Center)

- Assess current needs
- Develop a plan of care
- Community referrals
- Treatment team meetings
- Provide advocacy

Health Home Care Management (Adult)

(Catholic Charities, Hillside Children's Services,
Family and Children's Counseling Services, and
Southern Tier Care Coordination)

- Assess current needs
- Develop a plan of care
- Community referrals
- Treatment team meetings
- Provide advocacy



CCSI Parent Partner

(Department of Social Services)

- Assess Current Needs
- Community Referrals
- Team Meetings (including schools)
- Provide Advocacy
- Provide Peer to Peer Parenting Support



Behavioral Health Supports

➤ Cortland County Mental Health Department

- Age 5+ (4 with Psychiatrist approval)
- Crisis Appointments
- No wait list for intake appointments
- Medication Management (2 Psychiatrists)
- Family Support Services

➤ Children and Family Counseling Services

- Age 5+
- Same day access appointments
- Medication Management
- School based therapy option

➤ Private Therapist



Behavioral Health Crisis Support

- Cortland County Crisis Line– (607) 756–3771
 - Guthrie Cortland Medical Center Triages
 - Access to Liberty Resources Mobile Crisis Team
 - Mon–Fri 5pm–12am/Sat, Sun, Holidays 6am–12am
 - Telephonic Intervention and Face to Face Intervention

- Youth/Adolescent Crisis Respite
 - OMH Facilities (HPC/GBHC/EPC)
 - Age 12–17 years of age
 - Up to 14 days
 - Voluntary
 - Accept Parent Referrals
 - Toomey Residence (Syracuse)
 - Age 8–17 years of age
 - Up to 72hrs
 - Voluntary
 - Only accessed through SPOA and Mobile Crisis

SPOA's Role in the Community

- **Complex Cases (Adult & Youth)**
 - Treatment team meetings/Coordination
 - Respite referrals
- **System Management (Adult & Youth)**
 - barriers/questions (OMH/OPWDD/OASAS)
 - Non-Medicaid access to services
- **High Utilizers of Emergency Services**
 - Law Enforcement Involvement
 - Mobile Crisis
 - Frequent ER visits



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